



LATVIJAS VIEGLATLĒTIKAS SAVIENĪBA

LATVIAN ATHLETIC ASSOCIATION

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BALTIC COACHES ATHLETICS SEMINAR

Latvia, Murjani
11-12 November 2016

Latvian Athletics Association has the pleasure of inviting you to Baltic Coaches Athletics seminar. It will be held in Murjani Sport Gymnasium on November 11-12.

SPEAKERS

Gatis Berķis (Latvia) Anti-doping news in athletics

Aigars Fadejevs (Latvia) Athletes' rehabilitation and injury prevention, treatment

Andrejs Nazarovs (Estonia) Heptathlon and decathlon athletes' physical preparation

Anatol Skrypko (Poland) Physical and technical preparation

Aļona Fomenko (Latvia) Report from International Festival of Athletics Coaching in Italy

Viktors Lācis (Latvia) Report from European Endurance Conference in Oslo

Guntis Zalitis/Genadijs Lebedevs (Latvia) Athletics competition calendar 2017

There could be additional speakers.
Program will be held in Russian.

REGISTRATION

Please send us your contact details (email, telephone) and ID number to email lvs@lat-athletics.lv till **November 8, 2016**.

Participants will receive certificate with 16 academic hours after this seminar.

For our international participants we recommend that you stay at the official conference hotel in Murjani Sport Gymnasium. We provide full accommodation for 5 coaches from Lithuania and Estonia.

Participation is free of charge.

Welcome to Murjani!

Sincerely,
Guntis Zalitis,
Latvian Athletics association



Member of International Association of Athletics Federations and European Athletic Association



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