



PROJECT

COMPETITION GUIDE ENG

V BALTIC OPEN MASTERS ATHLETICS CHAMPIONSHIPS 2018 & IV LATVIAN MASTERS ATHLETICS CHAMPIONSHIPS 2018

GOALS:

- to popularize the athletics among masters;
- to strengthen sports relations between the Baltic and neighboring countries among masters athletes
- to identify best masters athletes of 2018 in Latvia and Baltic countries.
- to strengthen friendship between masters athletes.

PLACE and TIME:

- Competitions are held on the **11-12 of August 2018** at the **stadium Bauska, address: Pilskalņa street 26, Bauska, LV-3901, Latvia.**
- Competition starts on **11th of August at 12:45. On 12th of August** program starts with **5 km walking at 8:30. Hammer and Weight start on 12th of August at 9:00** the stadium Bauska, other events start at **10:00.**

PARTICIPANTS:

- Baltic Masters Championship is open to all master athletes. Russian master athletes can participate only with permission of IAAF.
- Latvian Masters Championship is close to masters only from Latvia's regions, town and cities.
- There are the following age categories:
Women: W30, W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85+ (W/S – Women / Sievietes, or 1st.-12th group)
Men: M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90+ (M – Men / Vīrieši, or 1st.-12th group.)
- The age of the competitor is determined from the date of birth on the 11nd of August 2018.
- **Each competitor is responsible for their own state of health according to choosen events.**
- By registration to Championships, participants confirm that they don't object to use of their personal data in the Championships protocols, photographs and videos taken by the organizers during the Championships for use in the public material of the competition.
- Organizers of Championships confirm that personal data will not be transferred to third parties and will be used only for the purposes of the Championships.

PROGRAMM

Woman – 100m, 200m, 400m, 800m, 1500m, 3000m, 5000m walking, high jump, long jump, triple jump, shot put, javelin, discus, hammer, weight.

Men - 100m, 200m, 400m, 800m, 1500m, 5000m, 5000m walking, high jump, long jump, triple jump, shot put, javelin, discus, hammer, weight.

- Preliminary time table attached to competition guide.

REGISTRATION

- 18.00. Registration for Championships is open until 9th of August till 18:00 on website: www.lvva.lv. Please put in name and surname, date of birth, country (club) and events.
- **Entry fee for Baltic Masters Championship:** until 9th of August 2018 till 18:00 is 10,00 € for one event and 3,00 € for every next event.
- **Entry fee for Latvian Masters Championship:** until 9th of August 2018 till 18:00 is 8,00 €. In the Latvian Masters Championship each participant is allowed to participate in no more than 3 events.
- **Entry fee until 9th of August should be transferred to the LVVA (Latvian Veterans (Masters) Athletic Association) bank account:**
Biedriba "Latvijas Vieglatletikas veteranu asociacija"
ID No.: 40008203134
Address: Zemes str.4, Kekava, Kekavas pag., Kekavas nov., LV-2123
Bank: AS Swedbank, SWIFT: HABALV22,
Account: LV60HABA0551035821716
- As exception the entry fee can be paid in cash on the stadium prior to the competition with extra 5,00 EUR as handling fee.
- Late registrations on the day of Championships are generally not allowed, but if possible, only with permission received from chief judge, additional costs 10,00 EUR.

ORGANIZER

Championships organizer –

Latvian Veterans (Masters) Athletic Association (LVVA) ID No. 40008203134
(President of LVVA – Mr.Arvids Vitols, phone: +371-26450304, website: www.lvva.lv), with collaboration:

- Latvian Athletics (LVS) ID No.: 40008029019,
- Latvian Veteran / Senior Sports Association LVSA (LSVS) Reģ.Nr.: 50008025521,
- Bauskas City Council.

Championships director: Mrs.Laine Kreicere (phone: +3712-6410552, e-mail: lvva.masters@gmail.com),

Chief Judge: Mr.Raivis Makevics (phone: +371-26648232, e-mail: raivels11@inbox.lv),
Mrs.Solvita Dzilnava – phone: +371-22155207.

Championships chief secretary: Mrs.Inga Ubele (phone: +371-25949709, e-mail: ingau67@inbox.lv)

PRIZES

- I, II, III place winners in the Baltic Masters Championships will be awarded with Baltic Masters Championship medals in each event in each age category.
- I, II, III place winners in the Latvian Masters Championships will be awarded with Latvian Athletics medals and certificates in each event in each age category.

MANAGEMENT

- Participation expenses shall be borne by sending organizations or participants themselves.
- Judges are paid by Latvian Veteran / Senior Sports Association LVSA (LSVS).
- I, II, III place winners of the Baltic Masters Championship are awarded with medals by Latvian Veterans (Masters) Athletic Association (LVVA).
- I, II, III place winners of the Latvian Masters Championship are awarded with medals by Latvian Athletics (LVS).
- Stadium is provided by Bauskas City Council.

GENERAL INFORMATION

- Competitions are held according to IAAF and WMA regulations.
- The number issued for participants must be correctly affixed (in four corners), the edges of numbers should not be cut or folded. If competitors don't follow to these conditions, he will be not allowed to compete.
- Any protests shall be considered in accordance to IAAF Competitions regulations, paragraph No. 146.
- Protests must be made by team leader within 30 minutes after the result sheet is posted on the information board at the race office, and must be made in written form to the chief judge. Deposit for protest 20,00 EUR (twenty euros).
- All non-defined problems will be solved by the organizers of Championships - LVVA together with the chief judge.
- During Championships medical staff will be in the stadium.
- All results in printed form will be available on the information board as quickly as possible.
- All results of Championships in the electronic version will be published on website: www.lvva.lv.
- Technical specification:

Age group	Shot put (kg)	Discus (kg)	Javelin (kg)	Hammer (kg)	Weight (kg)
Woman: 30+; 35+; 40+, 45+;	4	1	600	4	9,08
50+; 55+;	3	1	500	3	7,26
60+; 65+; 70+	3	1	400	3	5,45
75+; 80+; 85+	2	0,6	400	2	4,00
Men: 35+; 40+; 45+;	7,26	2	800	7,26	15,88
50+; 55+;	6	1,5	700	6	11,34
60+; 65+;	5	1	600	5	9,08
70+; 75+;	4	1	500	4	7,26
80+; 85+; 90+;	3	1	400	3	5,45

- **Accommodations:**
 - * Guest house: **Nameji**, e-pasts: nameji@inbox.lv , phone: +371 29882122, Address: Nameji, Codes pag, Bauskas nov., LV-3901 (15,00 EUR pro person, Place for tent EUR 5,00/person; Place for trailer: EUR 15,00) or other hotels, guest houses in Bauska, Iecava.
 - * <http://www.tourism.bauska.lv/lv/naktsmitnes/bauska> or www.booking.com.
- **Catering** – lunch (free of charge) both days of Championships (for athletes, referees, organizers of Championships) provided by **SIA DEMORA** (Mrs.Daiga Milina – phone: +371-26318788, e-mail: daiga.milina@inbox.lv),

Each participant receives two meal-tickets for each day. They will come together with the start number.

- Stadium of Bauska - map of location is attached to Championships Guide.
Transport to Bauska (Riga – Bauska 67km): Buses from Riga to Bauska:
<https://www.1188.lv/en/transport/buses/rigas-sao/bauskas-ao/105317/105624>

EVENING EVENT – information will follow.

PROJECT

TIME SCHEDULE 11th -12th August 2018 (Stadium Bauska)

11 th AUGUST		
TIME	EVENT	AGE GROUP
10.00-12.15	Registration	
12.45	Opening ceremony	
13.00	100m Discus (<i>DT</i>) Shot put (<i>SP</i>) High jump (<i>HJ</i>) Discus (<i>DT</i>) Shot put (<i>SP</i>)	M60-90+ W60-85+ M60-65 W30+ W30-55 M70-85+
13.15	100m Triple jump (<i>TJ</i>)	M35-55 M35-85+
13.40	100m	W30+
13.50	Shot put (<i>SP</i>)	M35-45
14.10	1500m	M35+
14.30	1500m	W30
14.40	Discus (<i>DT</i>) Discus (<i>DT</i>)	M70+ M35-45
15.00	High jump (<i>HJ</i>) Triple jump (<i>TJ</i>) Shot put (<i>SP</i>) 400m	M35+ W30-85+ M50-55 M35+
15.20	400m	W30+
16.00	Shot put (<i>SP</i>) Shot put (<i>SP</i>) Shot put (<i>DT</i>) Shot put (<i>DT</i>)	W35-55 W60+ M50-55 M60-65
17.00-18.00	Award ceremony	

12 th AUGUST		
TIME	EVENT	AGE GROUP
8.30	5km walking	W+M
10.00	200m Javelin (<i>JT</i>) Javelin (<i>JT</i>)	W30-50 W60-85+ (2nd sector) M35-45 (1 st sector)
10.15	200m	W50+
10.30	200m Long jump (<i>LJ</i>)	M35+ W30-50
11.00	800m	W30+
11.10	Javelin (<i>JT</i>)	M50-55 (1 st sector)
11.20	800m	M35+
11.40	3000m	W30+
12.15	Long jump (<i>LJ</i>)	W55+
12.30	Javelin (<i>JT</i>) Javelin (<i>JT</i>) 5000m	M60-65 (1 st sector) W30-55 (2nd sector) M35+
13.00	Long jump (<i>LJ</i>)	M35-55
13.20	4x100m	W
13.30	4x100m	M
14.00	Javelin (<i>JT</i>)	M70-85+ (1 st sector)
14.10	Long jump (<i>LJ</i>)	M60-85+
14.00-15.00	Award ceremony	
TIME SCHEDULE – Stadium Bauska (12 th AUGUST)		
9.00	Hummer (<i>HT</i>) Hummer (<i>HT</i>)	M60+ (1 st sector) W30-55 (2nd sector)
10.10	Weight (<i>WT</i>)	W30-55 (2nd sector)
10.40	Weight (<i>WT</i>)	M60+ (1 st sector)
12.00	Award ceremony	
12.30	Hummer (<i>HT</i>)	W60-85+ (2nd sector)
12.40	Hummer (<i>HT</i>)	M35-55 (1 st sector)
13.30	Weight (<i>WT</i>)	W60-85+ (2nd sector)
13.40	Weight (<i>WT</i>)	M35-55 (1 st sector)
14.30	Award ceremony	

* Time schedule can be changed depending of participants and depending of sector's location in the stadium.

Google Maps Pilskalna iela 26

