



SC COSMA SUMMER CUP 2021 COMPETITION REGULATIONS

I. GOALS

- Promote track and field.
- Help athletes excel.
- Strengthen the collaboration and relationship between sport clubs.
- Determine the best athletes of the competition.

II. COMPETITION LOCATION AND TIME

Date and place: **29 of June, 2021** Vilnius Vingio stadium (M.K.Čiurlionio g.)

Start of the competition: **16:00.**

Registration: **registration closes at 15:00 on 28th of June 2021.**

Please submit your participation applications via email:
remigija.raisiene@gmail.com

Applications on the day of competition are not accepted.

III. PARTICIPANTS

- SC COSMA SUMMER CUP is an open competition that welcomes Lithuanian as well as foreign athletes. Age limit: participants born in 2003 and older.
- Participants must have medical permit to compete, which they shall present when they arrive at the stadium to pick up their competition bibs.

IV. EVENTS

Women:

100 m, 400 m, 400 m hurdles*, long jump, high jump, discus throw, triple jump*

Men:

100 m, 200 m, 800 m, 1500 m, high jump, long jump, discus throw

Note: 400 m hurdles and triple jump are additional events, out of the main programme.

Organizers retain the right to change the program. If there will be less than three participants registered in one of the events, that event will be cancelled.

V. AWARDS

Competition is individual. Each event winner receives SC COSMA Cup. First, second and third places will receive diplomas and certain money prizes (based on a result achieved).

Participants of each event, except 400 m hurdles and triple jump, will be awarded as follow (for money prizes athletes must reach at least **KSM** result):

- I place – 200 Eur,
- II place – 150 Eur,
- III place – 100 Eur.

Women	
100 m (KSM)	12,40
400 m (KSM)	57,00
Long jump (KSM)	6,00
High jump (KSM)	1,75
Discus throw (KSM)	48,00

Men	
100 m (KSM)	10,90
200 m (KSM)	22,04
800 m (KSM)	1:54,00
1500 m (KSM)	3:56,00
Long jump (KSM)	7,20
High jump (KSM)	2,03
Discus throw (KSM)	51,00

Important note: money prizes are only awarded if the qualification is reached at the permitted wind velocity (where relevant).

PROMO prizes will go to 7 athletes who reach the best results according to WA scoring table:

- I place – 700 Eur,
- II place – 600 Eur,
- III place – 500 Eur,
- IV place – 400 Eur,
- V place – 300 Eur
- VI place – 200 Eur.
- VII place – 100 Eur.

VI. CONTACT INFORMATION

Competition secretary - Remigija Raišienė +37065028214, email remigija.raisiene@gmail.com

Competition judge – Jūratė Strumskytė-Razgūnė +37060371749

Competition director – Robertas Trakys +37062508081

Event sponsored by Vilnius city municipality and Cosma Club

